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# Health Prevent360

The first nationwide, AI-powered prevention platform.



## Dementia Risk Test Report

*Prepared for John Doe*

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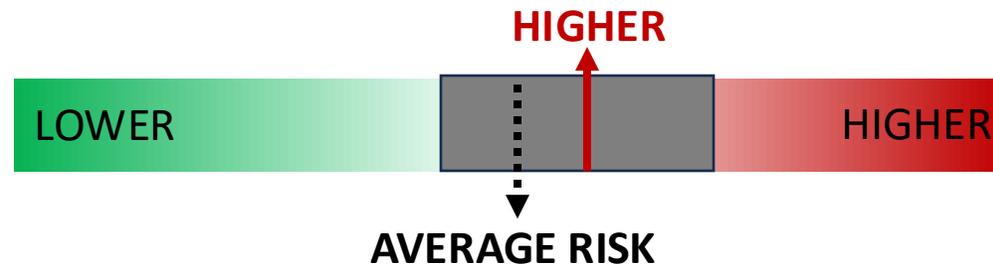
Besides the table of contents, all links in this demo version are demo links or deactivated, and some information redacted to protect privacy and the value of our product until purchase

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	Your Risk
	No
<b>LIFE</b>	
Hearing loss	Unknown
High LDL cholesterol	Unknown
Depression	No
Traumatic brain injury	No
Physical inactivity	Yes
Diabetes	No
Smoking	Yes
Hypertension	No
Obesity	Yes
Excessive Alcohol	Unclear
<b>LATE LIFE</b>	
Social isolation	Unclear
Air pollution	Unclear
Visual loss	Unclear

# YOUR RISK



“Risk reduction when absent” is the estimated relative decrease in dementia risk a person gets by **not** having a given risk factor (e.g., no hypertension → ~2% lower risk). “% prevalence in patients with dementia” shows how common that risk factor is among people who already have dementia, helping prioritize factors that are both risky and frequent (e.g., hearing loss ~59%).

Based on your survey (male, age 53; height 74 in; weight 258 lb; BMI ≈33), several protective findings are present: no hypertension (absence associated with ~2% relative risk reduction; present in ~31% of people with dementia), no diabetes or prediabetes (2%; ~9%), no depression/anxiety (3%; ~7%), no prior head injury/concussion (3%; ~12%), purposeful family engagement suggesting low social isolation (absence ~5%; ~24%), and a Mediterranean-leaning diet. These collectively lower modifiable risk.

REDACTED FOR PRIVACY

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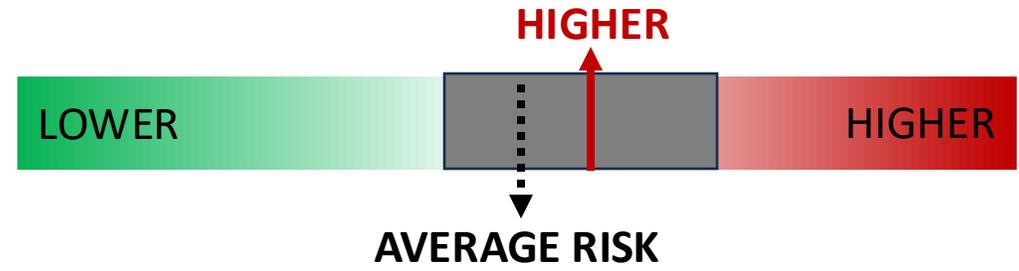
# REDUCE YOUR RISK

It is quite possible to prevent or delay Dementia. Being aware, and the earlier you act, significantly increases the impact.

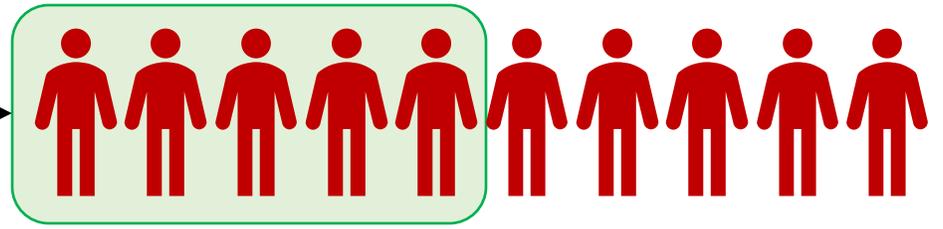


Click for more guidance from Dr. Jimenez

# YOUR RISK



IF YOU HAD 10 PEOPLE WITH DEMENTIA...



ALMOST HALF OF THOSE CASES COULD HAVE BEEN PREVENTED OR DELAYED

**YOU SHOULD:**

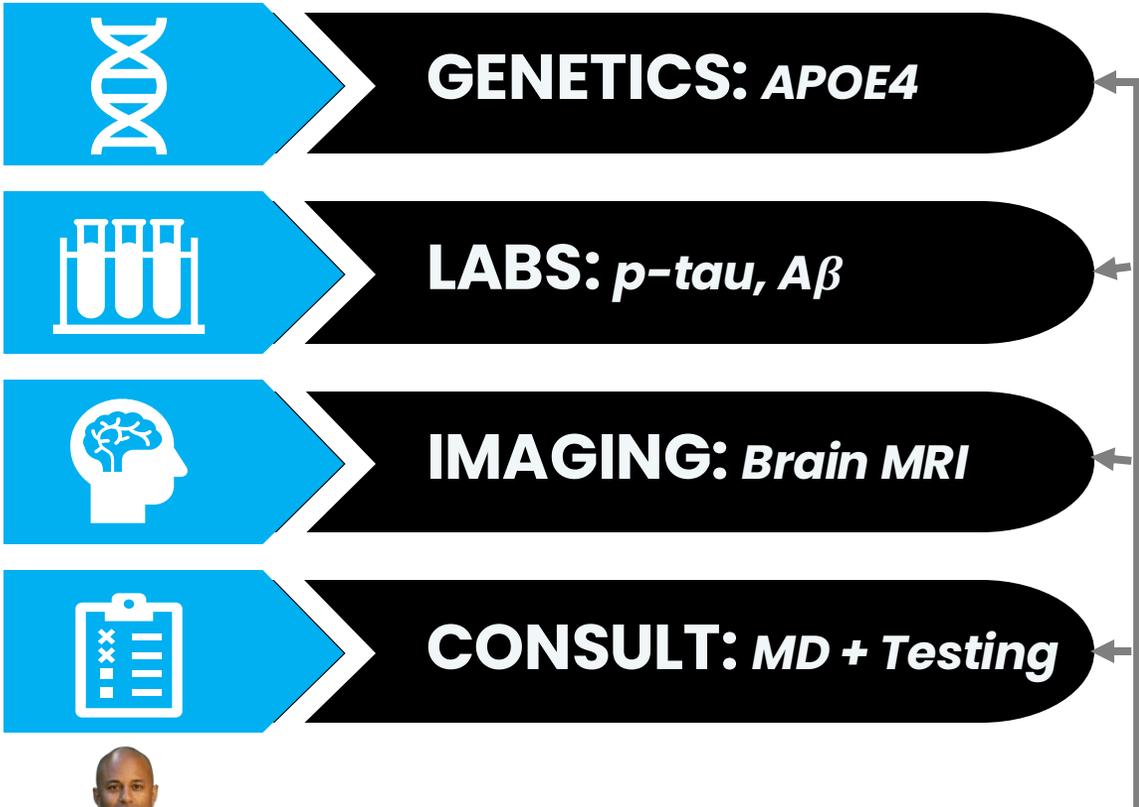
- Monitor for hearing and visual loss regularly
- Increase physical activity and lose weight

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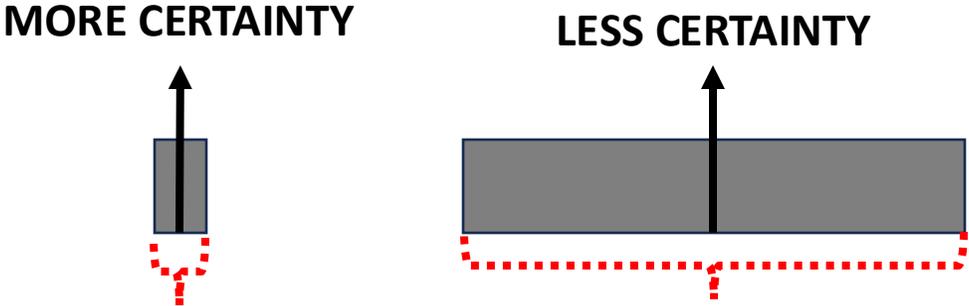
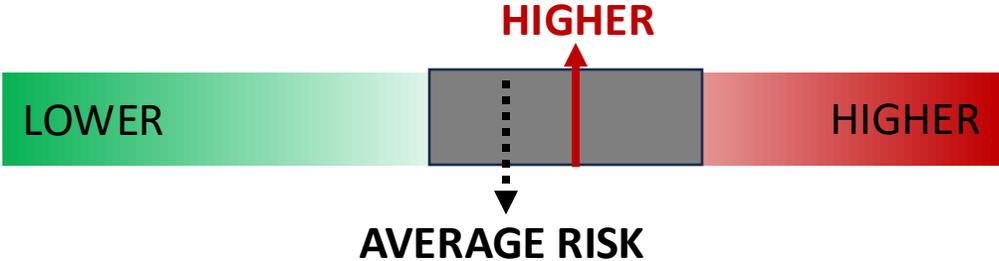
# INCREASE CERTAINTY

Based on your current risk level, it is possible to increase the certainty of that risk determination, by taking additional steps, including:



Click for more guidance from Dr. Jimenez

# YOUR RISK



YOUR ACTUAL RISK LIES SOMEWHERE WITHIN THIS RANGE

**YOU SHOULD:**

- Undergo cognitive testing today
- Hearing, vision, cholesterol checks

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# LINE RISK & DEMENTIA FACTS

## LIFETIME RISK DEMENTIA

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## APOE4 GENE: LIFETIME RISK

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## NEW DEMENTIA CASES PER YEAR

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## FAMILY DEMENTIA BURDEN

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## AD TO THIS AI PROMPT TO HELP ANSWER QUESTIONS AS YOU GET MORE INFORMATION

With a doctor is always the best option, but if you don't have access and frequently use AI to answer questions, you can use the below prompt to help you answer questions in the future as you collect more data on your risks and time advances.



REDACTED FOR PRIVACY

**IMPORTANT:** Avoid including your identifiable data like name, date of birth, address, etc, in AI that is not HIPAA compliant like ChatGPT, Copi

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# Recommendations

Here are links to additional resources our patients have used successfully to increase clarity of their risk.

**NON-BIAS GUARANTEE:** We do not receive any commission or referral fee from recommendations we make, including these.



**COGNITIVE TESTING**

**FREE**

**ANY AGE**

DEMO



**LAB TESTING**

**>30 years old**

**MCI**

DEMO



**GENETIC TESTING**

**ANY AGE**

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**BRAIN IMAGING**

**>50 years old**

**MCI**

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ABOUT

Health Prevent360



## HealthPrevent360 – 1<sup>st</sup> Nationwide Clinic FOCUSED ONLY ON PREVENTION

Physician-led prevention clinic turning evidence into action. **HealthComplete** builds a personalized, physician-reviewed **5-year plan** across heart, cancer, dementia, and metabolic risks—HIPAA-protected and vendor-neutral.

### Why upgrade to HealthComplete

- Unified data: records, labs, imaging, lifestyle
- HIPAA Compliant LLM (like ChatGPT but your data is never sold)
- Environmental hazard screens
- Cardiovascular and Cancer risks understanding and management
- Ongoing guidance: checkpoints to stay on track
- Non-Bias Guarantee: no commissions, ever

### Special Offer:

Finished the Dementia Risk Assessment? Use promotion code: [REDACTED] for **\$100 off** HealthComplete.

**\$100 Off HealthComplete**

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## ABOUT DR. JIMENEZ



***“The right test, for the right person, at the right time—nothing more, nothing less.”***

Dr. **Andres Jimenez** is a physician **Board-Certified in Public Health & Prevention** and **Clinical Informatics**, and the founder of **HealthPrevent360**. His expertise centers on **analyzing, interpreting, and responsibly generalizing** current research and diagnostics so individuals gain clarity **without unnecessary risk or cost**.

This Dementia Risk Assessment is an **educational, screening-level snapshot** based on self-reported information. It highlights **personalized risk** and **next steps** to review with a clinician. Dr. Jimenez emphasizes that in prevention, **more testing isn’t always better**. Direct-to-consumer “precision” offers that target broad groups (e.g., by age or gender) can lead to **false alarms, unnecessary procedures, and overspending**.

His approach is to address **modifiable factors first**—sleep, blood pressure, metabolic health, mood, hearing, activity, and nutrition—then consider advanced tests (e.g., genomics or amyloid/tau assays) **case by case**, only when results are likely to **change decisions**. That means clear pre-test questions, informed consent, and a plan for interpretation. Readers are encouraged to **share this report with their healthcare provider** to tailor next steps. The aim: **maximize utility, minimize harm**, and provide a credible path to protect brain health over time.

*“My work as a physician and innovator drives me—but my ‘why’ is personal. My father, my hero and a pioneer in our family, developed Alzheimer’s. Watching him lose his memory—and learning how much dementia risk can be reduced—set my life’s focus on Prevention. Every laugh, milestone, and moment with my family reminds me why this matters. I founded this clinic to help you protect your future and the people you love.”*

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# IMPORTANT DISCLAIMER



## CLICK HERE FOR THE FULL DISCLAIMER

**Educational Use Only.** This report provides general education. It is **not** medical advice and **not** a diagnosis or treatment plan.

**No Doctor–Patient Relationship.** Buying/using the assessment **does not create** a physician–patient relationship with HealthPrevent360. A relationship is formed only after a formal clinical visit and acceptance under our policies and applicable laws.

**Not a Diagnosis or Guarantee.** Findings reflect risk factors from your **self-reported** data and are **probabilistic**. We do **not** guarantee prevention, outcomes, or eligibility for insurance, employment, or benefits.

**Limits.** This is a **screening-level risk snapshot**, not a neurological exam or substitute for guideline care. It **cannot detect or rule out** dementia, MCI, stroke, or any condition. Results may change with new or corrected information.

**Clinician Involvement.** If you have concerns—before or after reading—**consult your clinician**. Share this report to discuss steps such as labs, BP control, sleep/hearing evaluation, lifestyle changes, or specialist referral.

**Emergencies.** Sudden confusion, weakness, speech/vision changes, chest pain, or shortness of breath? **Call 911**.

**Scope & Availability.** Services are provided only where our clinicians are **licensed** and legally permitted. Not intended for **minors** or those under guardianship without a legal guardian and licensed clinician.

**Privacy.** Protected under **HIPAA**; data **not sold**. See our Notice of Privacy Practices.

**Use Restrictions.** Not for employment, insurance underwriting, disability, legal, or fitness-for-duty decisions.

**No Warranties; Liability Limit.** Provided “**as is**.” To the extent allowed by law, HealthPrevent360 and its clinicians **disclaim liability** for decisions or outcomes outside a formal clinical relationship.

**Optional Diagnostics.** Advanced tests (e.g., WGS, Aβ42/40, p-tau217, sleep/hearing evaluations, labs, imaging) are **elective**, require **clinical oversight**, and **do not guarantee** outcomes. Availability, pricing, and coverage vary and may change; you are responsible for uncovered costs.

**Follow-Up & Refunds.** To pursue care, schedule a separate visit (acceptance not guaranteed). Not satisfied after your report? Email [support@healthier.clinic](mailto:support@healthier.clinic) with a **full refund** (excludes formal clinical visits/added services).

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